

Dear Doctor

Thank you for seeing

(Patient Name)

Address

Medicare No

Gender

DOB

Mobile

Email

OUR CLINICS ACROSS SA

Across metropolitan Adelaide & wider South Australia, including Southern Suburbs, Adelaide Hills, Fleurieu Peninsula, Limestone Coast, Riverland & Eyre Peninsula.

View all clinic locations:
<https://heartandvascular.com.au/our-locations/>

METRO ADELAIDE

Hawthorn Clinic – Head Office

Level 1, 126 Belair Road
Hawthorn SA 5062
Phone (08) 8172 4255
Fax (08) 8172 4256

Calvary Adelaide Clinic

Level 1, Calvary Adelaide Hospital
120 Angas Street
Adelaide SA 5000
Phone (08) 8224 6100
Fax (08) 8359 2238

Flinders Private Hospital

Flinders Private Clinic, Suite 606
Level 6, Flinders Private Hospital
1 Flinders Drive
Bedford Park SA 5042
Phone (08) 8177 1599
Fax (08) 8177 1589

Hove Clinic

Office 1, 366 Brighton Road
Hove SA 5048
Phone (08) 8225 3200
Fax (08) 8225 3201

Campbelltown Clinic

GP Surgery Campbelltown
530 Lower North East Road
Campbelltown SA 5074
Phone (08) 8172 4283
Fax (08) 8172 4271

Mawson Lakes Clinic

Mawson Lakes Specialist Clinic
Unit 2, 23–25 Metro Parade
Mawson Lakes SA 5095
Phone (08) 8224 6100
Fax (08) 6256 3130

Woodville Clinic

Adelaide Medical Solutions
850 Port Road
Woodville SA 5011
Phone (08) 8172 4284
Fax (08) 8172 4266

Consultation

- Standard
- CTCA Suitability Consult +/- CTCA
- Cardio Oncology Consult

Echocardiogram

- Initial - Full Protocol (1 per 2 year period)
- Repeat - Valvular Dysfunction
- Repeat - Heart Failure / Structural
- Repeat - Pericardial / Cardiotoxicity
- Repeat - Congenital / Paediatric ($\leq 16yo$)

Exercise Stress Echocardiogram

- Initial (1 per 2 year period)
- Repeat (Specialist Request Only)

Dobutamine Stress Echocardiogram

- Initial (1 per 2 year period)
- Repeat (Cardiologist request only & 1 per 2 year period)
- Repeat following failed ESE (1 per 2 year period)

Electrocardiography

- Electrocardiogram (ECG)
- Exercise Treadmill ECG (1 per 2 year period)

Monitoring

- 24hr Holter Monitor (1 per 4 week period)
- 24hr Blood Pressure Monitor
- Event Recorder
- Pacemaker / ICD Check

Other Imaging

- Cardiac MRI (Specialist Request Only)
- Transoesophageal Echo
- Research Echo
- CT Coronary Angiogram
- CT Calcium Scoring (not rebatable)
- CT TAVI
- CT Pulmonary Vein Study
- CT Other

Clinical Details (Please include any medications and any special requirements e.g. reduced mobility etc.)

Referring Doctor

Provider No

Signature

Date

Copy / Fax result to

Dr

Fax

TEST	WHAT IS THIS TEST?	WHAT DO YOU NEED?
ECG	<p>A simple recording of the electrical activity of the heart. The skin is prepared by rubbing or shaving so that recording dots can stick to the skin.</p> <p><i>Duration - 10 minutes</i></p>	No special preparation needed.
Echocardiogram	<p>An ultrasound image of the moving heart muscle is recorded by placing a probe on the chest wall.</p> <p><i>Duration - 40 minutes</i></p>	No special preparation needed.
Exercise Stress Echo	<p>An ultrasound image of the heart muscle is recorded before and after you exercise on a treadmill. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of the heart are also recorded during exercise.</p> <p><i>Duration - 40 minutes</i></p>	<p>Avoid large meals prior to the test.</p> <p>Please wear comfortable shoes and bring a towel.</p>
Dobutamine Stress Echo	<p>An ultrasound image of the heart muscle is recorded before and after and during an infusion of Dobutamine. Dobutamine is a medication given into the vein that is used to speed up and increase the contraction of the heart. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of the heart are also recorded during the medical infusion.</p> <p><i>Duration - 40 minutes</i></p>	No special preparation needed.
Holter Monitor	<p>An An extended recording of the electrical activity of the heart. (24 hrs). 3 electrodes will be attached to the monitor, and then placed externally on the chest (after preparing the skin by either shaving or rubbing the skin with abrasive paper and/or an alcohol swab). You will not be able to bath or shower with the monitor on.</p> <p><i>The monitor will take 15 minutes to apply</i></p>	Please return the monitor the next day.
24 Hour BP Monitor	<p>The BP watch is fitted to the wrist. You will not be able to shower or bath with the monitor on. The monitor is programed to take blood pressure readings every 15 minutes for 24 hours.</p> <p><i>The monitor will take 15 minutes to apply</i></p>	Please return the monitor the next day.
Transoesophageal Echo	<p>An ultrasound image of the heart muscle is recorded from a probe that is swallowed.</p> <p><i>Duration - 50 minutes</i></p>	<p>Please do not eat or drink 5 hours prior to the test.</p> <p>You will be given some medication to make you feel drowsy prior to this.</p> <p>You will not be allowed to drive home.</p>